

CLINICAL PSYCHOLOGY

(1) GENERAL

SCHOOL	HEALTH SCIENCES		
ACADEMIC UNIT	SPEECH LANGUAGE THERAPY		
LEVEL OF STUDIES	Undergraduate Programme (Level 6)		
COURSE CODE	slt- 24	SEMESTER	2
COURSE TITLE	Clinical Psychology		
INDEPENDENT TEACHING ACTIVITIES <i>if credits are awarded for separate components of the course, e.g. lectures, laboratory exercises, etc. If the credits are awarded for the whole of the course, give the weekly teaching hours and the total credits</i>	WEEKLY TEACHING HOURS	CREDITS	
Lectures	2	5	
Applied/Laboratory Practice	1		
COURSE TYPE <i>general background, special background, specialised general knowledge, skills development</i>	General Background		
PREREQUISITE COURSES:			
LANGUAGE OF INSTRUCTION and EXAMINATIONS:	Greek		
IS THE COURSE OFFERED TO ERASMUS STUDENTS	No		
COURSE WEBSITE (URL)	https://moodle.ioa.teiep.gr/course/view.php?id=153		

(2) LEARNING OUTCOMES

<p>Learning outcomes</p> <p><i>The course learning outcomes, specific knowledge, skills and competences of an appropriate level, which the students will acquire with the successful completion of the course are described.</i></p> <p><i>Consult Appendix A</i></p> <ul style="list-style-type: none"> • <i>Description of the level of learning outcomes for each qualifications cycle, according to the Qualifications Framework of the European Higher Education Area</i> • <i>Descriptors for Levels 6, 7 & 8 of the European Qualifications Framework for Lifelong Learning and Appendix B</i> • <i>Guidelines for writing Learning Outcomes</i> <p>The course is an introduction to the scientific field of Clinical Psychology. It presents a modern approach of the intelligence (definition, characteristics, types, tests) and personality assessment. It describes the main theories of personality formation and development (psychodynamic, behavioral, cognitive, humanistic). Also, it focuses on the main principles of psychotherapeutic approaches such as Psychodynamic Therapy, Cognitive Behavioral Therapy (CBT) and Systemic Therapy. Clinical cases are presented and students are able to be familiarized with the principles of the psychotherapeutic procedures.</p> <p>Upon successful completion of the course the student will be able to:</p> <ul style="list-style-type: none"> • be aware of the basic intelligence and personality assessments (Levels 1 & 2: Knowledge & Understanding)

- be aware of the basic theories of the personality formation (Levels 1 & 2: Knowledge & Understanding)
- understand how each therapeutic approach intervenes to the psychological problems in order to treat the dysfunctional symptoms (Levels 1 & 2: Knowledge & Understanding)
- recognize the value of an effective healing therapeutic relationship (Levels 1 & 2: Knowledge & Understanding)

General Competences

Taking into consideration the general competences that the degree-holder must acquire (as these appear in the Diploma Supplement and appear below), at which of the following does the course aim?

<i>Search for, analysis and synthesis of data and information, with the use of the necessary technology</i>	<i>Project planning and management</i>
<i>Adapting to new situations</i>	<i>Respect for difference and multiculturalism</i>
<i>Decision-making</i>	<i>Respect for the natural environment</i>
<i>Working independently</i>	<i>Showing social, professional and ethical responsibility and sensitivity to gender issues</i>
<i>Team work</i>	<i>Criticism and self-criticism</i>
<i>Working in an international environment</i>	<i>Production of free, creative and inductive thinking</i>
<i>Working in an interdisciplinary environment</i>
<i>Production of new research ideas</i>	<i>Others...</i>

- *Search for, analysis and synthesis of data and information, with the use of the necessary technology*
- *Adapting to new situations*
- *Decision-making*
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- *Production of new research ideas*
- *Respect for difference and multiculturalism*
- *Showing social, professional and ethical responsibility and sensitivity to gender issues*
- *Criticism and self-criticism*
- *Production of free, creative and inductive thinking*

(3) SYLLABUS

1. A brief history of the Clinical Psychology
2. The meaning and Assessment of Intelligence
3. Personality assessment
4. Theories on personality development - Introduction
5. Psychoanalytic theory of personality (Part A')
6. Psychoanalytic theory of personality (Part B')
7. Behavioral theory of personality
8. Cognitive theory and Cognitive Behavioral Therapy (CBT)
9. Humanistic - existential theory
10. Systemic theory
11. Therapeutic approaches (Part A)
12. Therapeutic approaches (Part B)
13. Clinical applications – Case studies presentation

(4) TEACHING and LEARNING METHODS - EVALUATION

DELIVERY	Face-to-face: In class
<i>Face-to-face, Distance learning, etc.</i>	

<p style="text-align: center;">USE OF INFORMATION AND COMMUNICATIONS TECHNOLOGY</p> <p><i>Use of ICT in teaching, laboratory education, communication with students</i></p>	<p>Use of audio-visual methods (e.g., PowerPoint presentations)</p> <p>Support the learning process through the e-class and Moodle platform</p>															
<p style="text-align: center;">TEACHING METHODS</p> <p><i>The manner and methods of teaching are described in detail.</i></p> <p><i>Lectures, seminars, laboratory practice, fieldwork, study and analysis of bibliography, tutorials, placements, clinical practice, art workshop, interactive teaching, educational visits, project, essay writing, artistic creativity, etc.</i></p> <p><i>The student's study hours for each learning activity are given as well as the hours of non-directed study according to the principles of the ECTS</i></p>	<table border="1"> <thead> <tr> <th style="text-align: center;"><i>Activity</i></th> <th style="text-align: center;"><i>Semester workload</i></th> </tr> </thead> <tbody> <tr> <td>Lectures</td> <td style="text-align: center;">26</td> </tr> <tr> <td>Applied/Laboratory Practice</td> <td style="text-align: center;">13</td> </tr> <tr> <td>Teamwork Research Project</td> <td style="text-align: center;">20</td> </tr> <tr> <td>Essay Writing</td> <td style="text-align: center;">23</td> </tr> <tr> <td>Personal Study / Evaluation</td> <td style="text-align: center;">43</td> </tr> <tr> <td>Course total</td> <td style="text-align: center;">125</td> </tr> </tbody> </table>	<i>Activity</i>	<i>Semester workload</i>	Lectures	26	Applied/Laboratory Practice	13	Teamwork Research Project	20	Essay Writing	23	Personal Study / Evaluation	43	Course total	125	
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<p style="text-align: center;">STUDENT PERFORMANCE EVALUATION</p> <p><i>Description of the evaluation procedure</i></p> <p><i>Language of evaluation, methods of evaluation, summative or conclusive, multiple choice questionnaires, short-answer questions, open-ended questions, problem solving, written work, essay/report, oral examination, public presentation, laboratory work, clinical examination of patient, art interpretation, other</i></p> <p><i>Specifically-defined evaluation criteria are given, and if and where they are accessible to students.</i></p>	<p>I. Written final exam (60%):</p> <ul style="list-style-type: none"> - Multiple choice test - Short answer questions <p>II. Written Essay-Individual (20%) (with Pass, Merit and Distinction criterion accessible by students)</p> <p>III. Mini Clinical Research-Teamwork (20%) (with Pass, Merit and Distinction criterion accessible by students)</p> <p>The final exams will be offered in Greek</p>															

(5) ATTACHED BIBLIOGRAPHY

<p>- <i>Suggested bibliography:</i></p> <ul style="list-style-type: none"> • Schacter, D. Gilbert, D. Wegner, Nock M.K.: Εισαγωγή στην Ψυχολογία. Συλλογικό έργο: Εκδ. Gutenberg, 2018 • Ποταμιάνος Δ., Αναγνωστόπουλος Φ. :Κλινική ψυχολογία στην πράξη: Όψεις της ελληνικής πραγματικότητας, Εκδ. Παπαζήσης, 2011 • Heiden L.A., Hersen M.: Εισαγωγή στην Κλινική Ψυχολογία. Εκδ. Πεδίο, 2011 • Schmidt E.: Εισαγωγή στην Κλινική Ψυχολογία. Εκδ. Κατσανιώτη, 2005 • Semi A.: Τεχνική της Κλινικής Συνέντευξης. Εκδ. Παπαζήση, 2008. • Κουλάκογλου Α.: Διαγνωστική εκτίμηση της προσωπικότητας. Εκδ. Παπαζήση, 1997 • Κολέτση Μ., Τράγου Ε.: Κλινική Αξιολόγηση και Συμβουλευτική. Εκδ. Καλέντης, 2013 • Beinart H., Kennedy P., Lewelyn S.: Clinical Psychology in Practice. BRS Blackwell. Alan Carr: Clinical Psychology, 2010 • Hersen M. & Gross AM: Handbook of Clinical Psychology, Volume 1, Adults, Wiley, 2008 • Barlow D.: The Oxford Handbook of Clinical Psychology, Oxford Library of Psychology, 2014 • Trull T.: Clinical Psychology (8th Edition) by Timothy Trull. Wadsworth Publishing; 8 edition, 2012 <p>- <i>Related academic journals</i></p> <ul style="list-style-type: none"> • Clinical Psychology Review

<https://www.journals.elsevier.com/clinical-psychology-review>

- **Journal of Clinical Psychology**

<https://www.wiley.com/en-us/Journal+of+Clinical+Psychology>

- **British Journal of Clinical Psychology**

<https://www.wiley.com/en-ad/British+Journal+of+Clinical+Psychology>

- **Journal of Clinical Psychology and Psychotherapy**

<https://onlinelibrary.wiley.com/journal/10990879>